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**Preparation**

1. General Purpose: Inform
2. Specific Purpose: Inform my classmates about Judo’s history, philosophy, and etiquette.
3. Central Idea: : Judo is an interesting Martial Art with a rich History, Philosophy, but requires knowledge of etiquette.

**Introduction**

1. Attention Getting Device: If you were placed in a situation where you needed to defend yourself with nothing, but your hands would you feel confident in your ability. (SHOW OF HANDS)
2. Thesis: Judo is an interesting Martial Art with a rich History, Philosophy, but requires knowledge of etiquette.
3. Justification/Significance: Martial arts a great way of gaining confidence in self-defense as well as many aspects of life.
4. Preview of Main Points: Judo is an interesting Martial Art with a rich History, Philosophy, but requires knowledge of etiquette

Transition: For my First point I will be talking about Judo’s early History and its impact later on,

**Body**

1. Main Point (Main claim): History
   1. Sub Point (sub claim): Jigoro Kano and the Kodokan
      1. Support (grounds): Kodokan website and Quotes by Kano
   2. Sub Point: Judo’s Spread
      1. Support: Tokyo’s police adopt Judo
      2. Brazilian Jiujitsu

Transition: History is great but where Judo separates itself from other martial arts is its rich Philosophy

1. Main Point: Philosophy
   1. Sub Point (sub claim): Ju and Do; The goal of Judo. Budo vs Bujutsu
      1. Support (grounds): Prof. Kano himself said that the purpose of Judo is to strengthen body by practicing attack and defense, to complete the personality by training the mind, and finally to devote oneself to society.
   2. Sub Point: Seiryoku-Zenyo and Jita-Kyoei
      1. Support: Judo info

Transition: Etiquette is important in any situation; Judo Dojo’s are no exception to this rule.

1. Main Point: Etiquette
   1. Sub Point (sub claim): Clothing (picture)
      1. Support (grounds): physical aid
   2. Sub Point: Bowing
      1. Support: demonstration

Transition

**Conclusion**

1. Restate Thesis: As you have learned Judo has a rich History, Philosophy, and Etiquette System.
2. Summarize Main Points: As you have learned Judo has a rich History, Philosophy, and Etiquette System.
3. Close with Impact: Hopefully the information I gave you peaked your interest in giving Judo a try and perhaps after you do so you can look back on the question I asked in the beginning and say that you are more comfortable now than I was listening to that Judo kid’s speech in Walker Center.